



Catholic  
Archdiocese  
of Adelaide



SYNOD  
2026

# WALKING TOGETHER THROUGH **ADVENT**

— Group Scripture Reflection Process —



## PURPOSE:

Advent is a time of waiting, watching and preparing for the coming of Christ into our midst – Emmanuel, God with us. As we prepare for the 2026 Archdiocesan Synod, we are invited to listen to the Word of God and to one another. The Advent season offers us time and space for shared reflection.

This Scripture Reflection Process is intended to be used with a group of 2 or more. This process uses elements of *lectio divina* and conversations in the Spirit.

## Season of Advent Year A Readings

Use the following readings for each week (you may choose a different reading from the Sundays in Advent):

- Week 1: Isaiah 2:1-5
- Week 2: Matthew 3:1-12
- Week 3: Matthew 11:2-11
- Week 4: Romans 1:1-7

## GROUP REFLECTION PROCESS

### Gather

- Sit in a circle, welcome one another and begin in prayer.

### Opening Prayer

- Pray the **2026 Archdiocesan Synod Prayer** together.

### Round 1 (5 minutes)

- Choose someone to **proclaim** the reading for reflection
- **Reflect** – Spend 2-3 minutes reflecting silently on the reading and **choose a word or phrase that stands out for you**.
- **Share** the word or phrase out loud with the group – do not offer an explanation, just say the word or phrase.
- **Reflect** Once everyone has shared, spend a moment silently reflecting on what others shared.

### Round 2 (5-10 minutes)

- **Proclaim** the reading a second time.
- **Reflect**. Spend 2-3 minutes reflecting silently on the reading and **what it is**

### ***saying to you today, or what questions are rising in you?***

- **Share** what came to you in your silent reflection. Each person should take no more than 2 minutes to share.
- **Reflect.** Once everyone has shared, spend a moment silently reflecting on what others shared.

### **Round 3 (5-10 minutes)**

- **Proclaim** the reading a third time.
- **Reflect** – Spend 2-3 minutes reflecting silently on the reading and on the question: ***What is this scripture reading challenging us to do today?***
- **Share** what came to you in your silent reflection. Each person should take no more than 2 minutes to share.
- Once everyone has shared, spend a moment silently reflecting on what others shared.

### **Discuss**

- What are we hearing from one another the readings today about what God is calling us to this Advent?
- What are the realities in our community and wider world today that relate to this topic?
- How is God calling us to respond to these realities?

### **Personal Reflection**

After the group has finished the discussion, spend a few moments in personal silent reflection. Use the following questions if needed:

- After listening to my group I am wondering...
- The question that emerged for me from listening to my group was...
- An interesting diversity of views that emerged from my group was...

### **Closing Prayer**

- Invite the group members to share any special prayer requests (e.g. health, family, travel, etc.).
- **Leader:** *Loving God, we give thanks to you for our time of listening to your Word and to one another. You Spirit is truly present in this place. You hear the prayers of our hearts, and you call us to share in your mission. Together we pray in the words taught to us by your Son, Jesus. **Our Father...***
- Conclude with sharing a **sign of peace** with one another.



# PASTORAL SERVICES TEAM

39 Wakefield Street, Adelaide SA 5000

GPO Box 1364, Adelaide SA 5001

[adelaide.catholic.org.au](http://adelaide.catholic.org.au)

[pastoralservices@adelaide.catholic.org.au](mailto:pastoralservices@adelaide.catholic.org.au)

